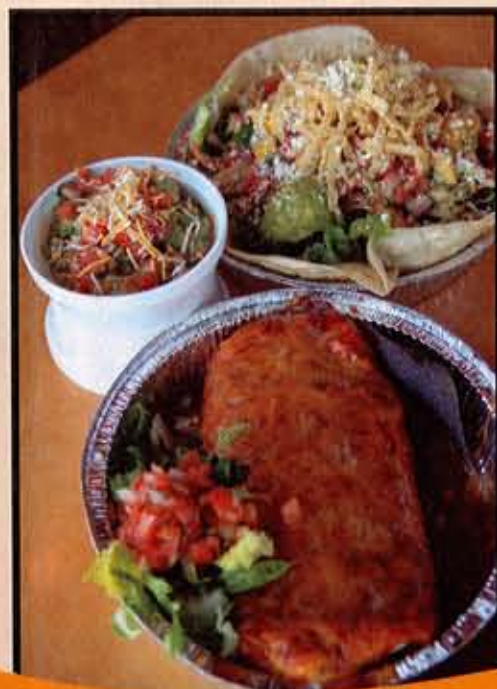
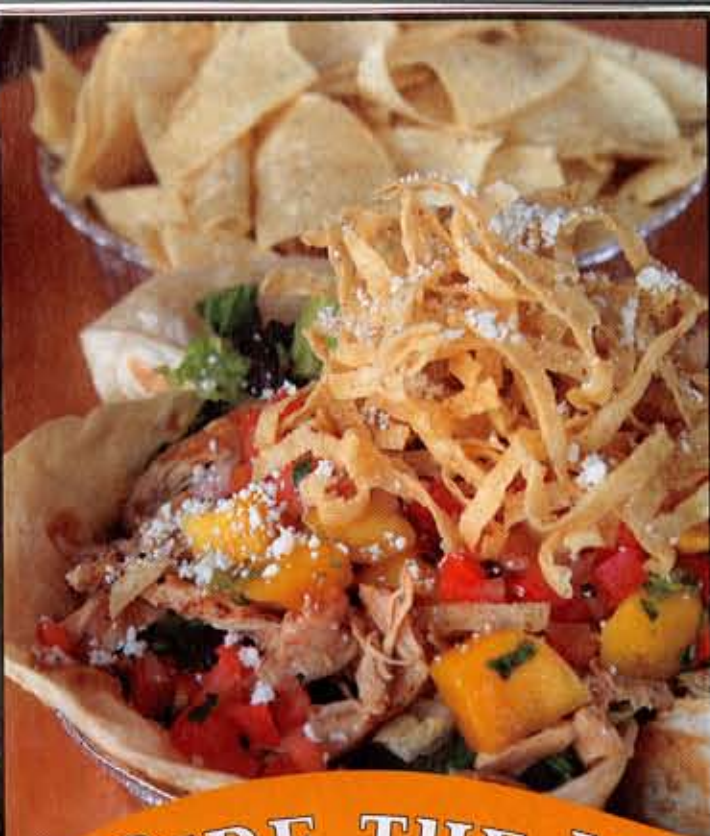


RESTAURANT REVIEW BY DAVID GORE



www.costavida.net

RIDE THE WAVES AT COSTA VIDA!

Debbie, Ryan-our 16 year old and I ventured over to Costa Vida in Colleyville for a couple of reasons recently. Believe it or not we were tired of cooking and were hankering something just a little bit different.

Located at 5615 Colleyville Boulevard in the Market Street Parking lot, we were pleased to find this vibrant restaurant spot, perfect for a quick bite in or for take-out. Ryan hung out patiently watching the big screens showing us a bit of the Baja experience with surfers riding the waves. Debbie had been traveling so much she had her mind on a frozen margarita, so I knew the rest of the experience would be icing on the cake.

With a large portion of the population steering toward foods that are made from scratch, fresh and all-natural, Costa Vida is making a niche for themselves in the fast casual market. Our recommendation is to consider Costa Vida for a business lunch, for your family dinner when in a hurry or for a TO GO Party Pack options for lunch parties.

We were pleased with our selections because for Deb, the fish tacos were ideal. Debbie loves fish tacos and felt these rivaled some she had in California because Costa Vida gives you a choice with every selection of a hand-made corn or

flour tortilla. The beauty is they are light and crisp not heavy like store-bought tortillas. It was fresh with greens, pico and cheese with a small dose of cilantro lime rice. We also shared some delicious chips and queso as a starter.

Ryan and I were looking for a hearty meal so he and I passed our two items back and forth. A Big Kahuna Burrito, filled with cilantro lime rice, cheese and a nicely spiced chipotle chicken was my choice. He enjoyed the succulent flavors in the sweet pulled pork quesadillas. They braise the pork with spices

and then slow roast it in a slightly sweet sauce and wow is it good. Almost anything can be made with the pork from a salad to enchiladas. I believe the sweet pork is why their logo states Addictive...Legal.



*Costa Vida
Restaurant Owner
Ted Price*

The salads seemed more like a perfect lunch for us. Crisp lettuce piled high in

a hand-made tortilla. From the number we saw go by us, seems like a popular item. You choose from the meats, beans and Cotija cheese, guacamole, crisp tortilla strips and a choice of three unique dressings. Debbie ordered a taste of the dressings just to have a good idea and drizzled a bit on her fish tacos. She loved the tropical vinaigrette.

There are also some delicious desserts and we all shared a couple. Tres Leches and Key Lime Pie got rave reviews. A Kid's Menu is another plus for those 12 and under.

Their hours are
11 a.m.-10 p.m. on
Friday and Saturday,
11 a.m.-9 p.m.
Sunday-Thursday.
Call ahead for take out
and enjoy!
817.656.1700.
Casual, no reservations
required.



*Costa Vida
Restaurant Interior*

